



# Into the Woods...

2.5 miles

## Walk Information

**Start point:** Red postbox and walk interpretation board in St. Andrews Lane, Congham, Norfolk, PE32 1DU

**Grid ref.:** TF 711235

**Map:** Ordnance Survey – Explorer 250

**Walking time:** 1.5 hours

## Walk Summary

This walk takes you through woodland, farmland and along quiet lanes in the parish of Congham which is part of the **Gaywood Valley Living Landscape**. This is a lovely route for those who want a shorter walk, with much to see.

### Please note:

- Dogs are welcome on this walking route but should at all times be kept on a lead and under close control.
- At times this walk can be very muddy, especially through Congham Wood.
- Extreme care should be taken on the sections of the walk which involves walking along roads.



# Walk Notes

**1** With your back to the walk information board and red postbox turn left onto St. Andrews Lane. You will pass a row of cottages on your right and the Anvil Free House, continue straight ahead.

To your left over the fields look out for **Congham Hall**, a Georgian building set in beautiful gardens and parkland.

**2** When you reach the old railway bridge cross over it and then turn immediately right through a hedge onto a track, this follows an old dismantled railway line. Keep to the left-hand side of the track with the hedgerow on your left. Eventually you will see a large oak tree in front of you. Pass to the left of the oak tree where the path also bears to the left, now the hedgerow is on your right.

Look and listen out for **yellowhammers** and **skylarks** as you walk by the fields. You may also be lucky enough to spot a **brown hare**.

**3** After a short time you will see a signed footpath on your right that takes you through the hedgerow. As you go through you will see a sub-station on your left and a line of telephone poles ahead. The track gradually slopes upwards, passing through a gate between cottages (remember to shut the gate), bear left along the track towards Congham Wood.

Although **Congham** is only a small village it used to have three churches, today only one remains.

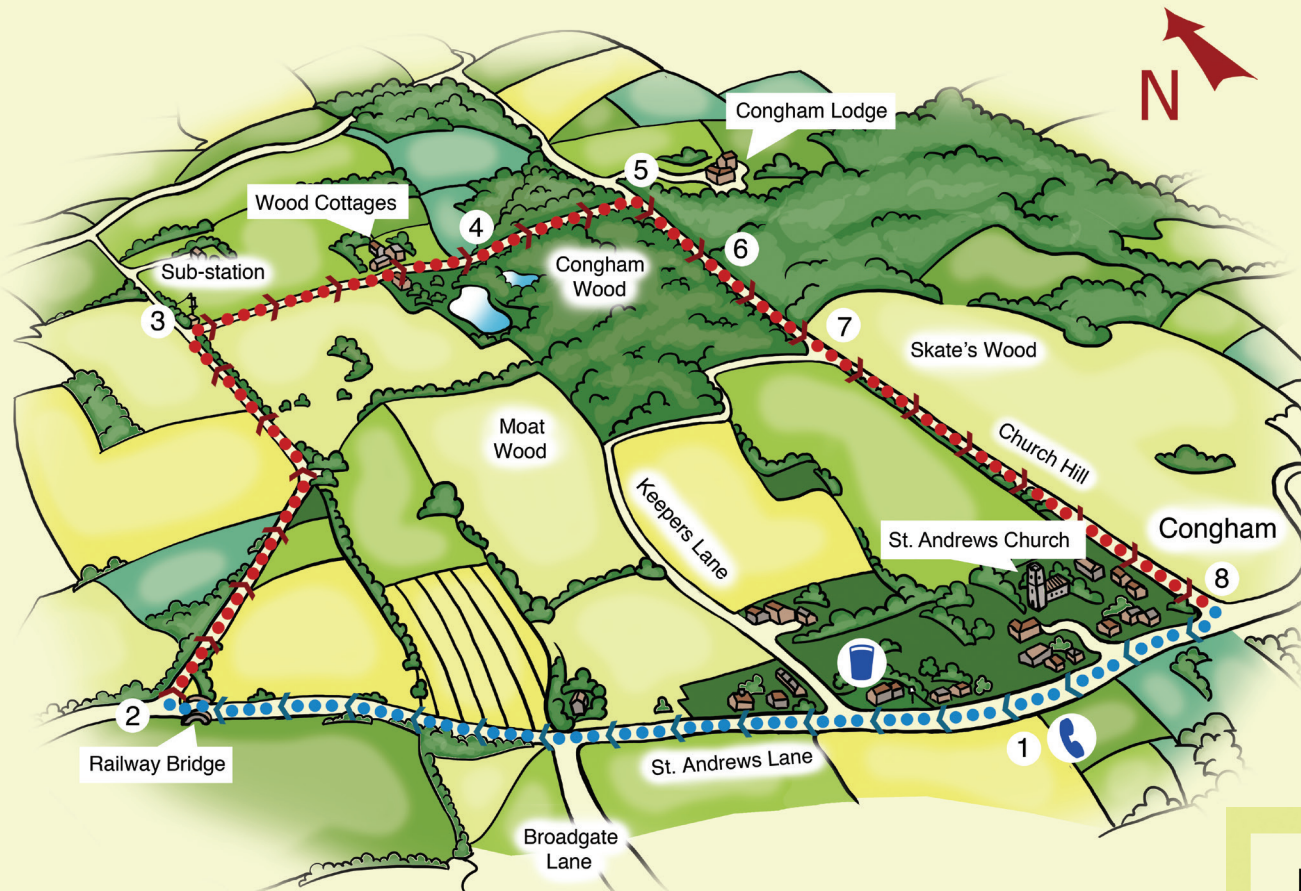
**5** When the track meets a T-junction (in the winter you will be able to see a large house through the trees) turn right, following the wide track through the woods.

**Hemp agrimony, water mint** and **meadowsweet** can be found growing along the woodland rides, indicating that the woodland is quite wet.

**6** As the main path bears sharply left, you will notice a small path to your right and a path straight ahead. Ignore the path to the left and right and continue straight ahead.

**7** As you exit the wood, you will shortly see a footpath sign to your right, ignore this, carry on straight ahead keeping the hedgerow on your right.





**8** Eventually you will come to some cottages on your right, at the end of this unmade road turn right onto St. Andrews Lane. If you have time why not take the opportunity to have a look at the church? Follow the road back to where you started.



**4** As the track bears left (you will see a sign that says Private Road) take the path on the right through the woods.

Congham plays host to the annual **World Snail Racing Championships**. Over 300 snails race hard (although some are a little sluggish).

## Key

-  Telephone box
-  Pub
-  Public right of way (walk route)
-  Public road (walk route)



PHOTOS BY: Richard Andreas Trepte, David Tipling, Alan Price, Richard Osbourne, Julian Thomas, Richard Burkmar, Nick Appleton, Jo Reeve, Elizabeth Dack, David Thacker, Bob Carpenter, MAP BY: Beverley Corraldean.

# Putting wildlife on the map

Help us protect the wildlife of the Gaywood Valley Living Landscape by telling us what you see whilst you are on this walk. Wildlife records are really important as they help us to build a picture of what is out there. We would love to know about the animals and plants you spot whilst you are on this walk.

### To submit your wildlife sightings for this walk:

**Email:** [wild@norfolkwildlifetrust.org.uk](mailto:wild@norfolkwildlifetrust.org.uk). Tell us what you saw, when you saw it and where you saw it.  
**Phone Norfolk Wildlife Trust:** 01603 598333  
**Submit your sightings online:** visit [www.wild-walks.org.uk](http://www.wild-walks.org.uk)

### Wildlife to look out for:

 Yellowhammer <input type="checkbox"/>	 Skylark <input type="checkbox"/>	 Red admiral <input type="checkbox"/>	 Brown hare <input type="checkbox"/>
 Roe deer <input type="checkbox"/>	 Grey partridge <input type="checkbox"/>	 Watermint <input type="checkbox"/>	 Meadowsweet <input type="checkbox"/>

### Wildwalks

**Take a Wildwalk today and help put Norfolk's wildlife on the map.**

By visiting [www.wild-walks.org.uk](http://www.wild-walks.org.uk) you can map your favourite walk and tick off the plants and animals you see along the way, helping us build a picture of where wildlife is found and how nature changes.

This walk was produced by Norfolk Wildlife Trust (NWT). A great deal of care has gone into the production of this walk leaflet, but NWT cannot accept any responsibility for the misinterpretation of route descriptions nor for any accidents resulting from this walk.